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# Swimming Rules \& Regulations <br> of the 

## European Maccabi Youth Games London 2024

Updated September 25, 2023

1. Organisation

The Swimming Management Committee appointed by the European Maccabi Youth Games 2024 (EMYG24) Organising committee shall have jurisdiction over all matters not assigned by the rules to the referee, judges or other officials and shall have power to postpone events and give directions consistent with rules adopted for conducting any event.

The Swimming Competitions will be conducted according to the rules of the International Swimming Federation, FINA (Fédération Internationale de Natation).
2. Venues Information

This is an eight lane, twenty-five meter competition pool.
3. Teams
a. For all competitions each country may enter up to a maximum of eight (8) swimmers for each event with a maximum of 3 advancing to each final.
b. Individual swimmers may enter an unlimited number of events.
c. An event will be held only if there is a minimum registration of four (4) countries and a minimum of five (5) swimmers.
d. Athletes in the Youth competition have to be born between January $1^{\text {st }} 2006$ and December 31 ${ }^{\text {st }}$ 2007.
e. Athletes in the Juniors competition have to be born between January $1^{\text {st }} 2008$ and December $31^{\text {st }}$ 2009.

## 4. System of Competition

The best competitive times of all entrants prior to the competition will be submitted on entry forms or online, as requested, and listed in order of time by the European Maccabi Management Committee. Swimmers who do not submit official recorded times shall be considered the slowest and will be placed at the end of the list with a no time. Placement of swimmers with identical times or of more than one swimmer without times shall be determined by draw.

Swimmers shall be placed in lanes according to the procedure of placing the fastest swimmer or team in the center lane in pool (lane 4). The swimmer having the next fastest time is to be placed on their left, then alternating the others to right and left in accordance with the submitted times.

If one heat, it shall be seeded as a final.
If two heats, the fastest swimmer shall be seeded in the second heat, next fastest in the first heat, next fastest in the second heat, next in the first heat, etc.

If three heats, the fastest swimmer shall be placed in the third heat, next fastest in the second, next fastest in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat, and the sixth fastest in the first heat, the seventh fastest in the third heat, etc

If four or more heats, the last three heats of the event shall be seeded as above. The heat preceding the last three heats shall consist of the next fastest swimmers; the heat preceding the last four heats shall consist of the next fastest swimmers, etc.

There will be no heats or finals for the 400 m or 800 m . These will be seeded with the top eight seeded times competing in the final heat.

Each country may enter one team of four swimmers for each relay event. If there are less than six teams in a race, then teams can be comprised of swimmers from countries who do not have a national team (composite relay). Composite relay teams will be treated as invitation teams, eligible to win medals should they finish first, second or third in a relay final. However, medals must be awarded to the first, second and third placed National teams as well.

For the Coaches race, each country must nominate one coach to compete. The race will be 50 m freestyle.
Potential Skins competition rules:
A SKINS event is an exciting series of back-to-back races which operate on a knockout basis, with the three remaining swimmers racing each other in a head-to-head final race for medals.
The top eight girls and top eight boys will be invited to compete in the skins competition. One competitor from each country is allowed. Separate events are held for each age category (male U16/U18 and female U16/U18).
A stroke is drawn out of a hat and the eight swimmers race 50 m of that stroke and the swimmer who finishes last is out. The seven remaining swimmers race again and the process repeats until the final race. The swimmer who is eliminated picks the next stroke randomly out of a hat.

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Races are run
consecutively so there is little time to rest. The event is unique as competitors will be required to race all four strokes, making the result unpredictable. A prize is given to each winner of every race.
5. Medal Awards

Medals will be awarded to the first, second and third placed athletes.
Medal ceremonies for each day of competition will take place after the final swimming session of the day.
6. Schedule

Provisional Information:
The competition will take place over four days.
Events:
Freestyle: $50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}, 400 \mathrm{~m}, 800 \mathrm{~m}$
Backstroke: $50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}$
Breaststroke: 50m, 100m, 200m
Butterfly: 50m, 100m, 200m
Individual Medley: $100 \mathrm{~m}, 200 \mathrm{~m}$
Relays:
$4 \times 50 \mathrm{~m}$ freestyle (male, female, mixed)
$4 \times 100 \mathrm{~m}$ freestyle (male, female, mixed)
$4 \times 50 \mathrm{~m}$ Medley (male, female, mixed)
$4 \times 100 \mathrm{~m}$ Medley (male, female, mixed)

| Day One |  | Day Two |  |
| :---: | :---: | :---: | :---: |
| Session One | Session Two | Session One | Session Two |
| 100m freestyle | 50m Backstroke | 50m Breaststroke | 50m freestyle |
| 200m individual medley | 400m freestyle | 800m freestyle | 50m Breaststroke |
| 50m Butterfly | Finals 100m freestyle | Finals 50m Backstroke | 200m butterfly |
|  | Finals 200m individual medley |  | Finals 50m Breaststroke |
|  | Finals 50m Butterfly |  |  |
| $4 \times 100 \mathrm{~m}$ medley mix relay | $4 \times 50 \mathrm{~m}$ freestyle relay | $4 \times 50 \mathrm{~m}$ medley mix relay | $4 \times 100 \mathrm{~m}$ freestyle relay |
| Day Three |  | Day Four |  |
| Session One | Session Two | Session One | Session Two |
| 100m backstroke | 100m breaststroke | 200m freestyle | Skins Competition |
| $200 \mathrm{~m}$ <br> breaststroke | 200m backstroke | 100m individual medley | Coaches Race (50m Freestyle) |


| 100 m butterfly | Finals 100 m <br> backstroke | Finals 100 m <br> breaststroke |  |
| :---: | :---: | :---: | :---: |
| Finals 50 m <br> freestyle | Finals 200 m <br> breaststroke | Finals 200 m <br> backstroke |  |
| Finals 50 m <br> Breaststroke | Finals 100 m <br> butterfly | Finals 200 m <br> butterfly |  |
| $4 \times 50 \mathrm{~m}$ freestyle <br> mix | $4 \times 100 \mathrm{~m}$ medley <br> relay | $4 \times 100 \mathrm{~m}$ freestyle <br> mix | $4 \times 50 \mathrm{~m}$ medley <br> relay |

5. Timing and Officiating

Electronic equipment will be used to determine placing. This will be backed up with semi-automatic timing and manual timing.

The EMYG24 Organising Committee and the Swimming Director will select qualified Referees, Judges, Starters and Time Keepers.

Any appeals must be presented to the Committee of Appeals of the Swimming events, no later than 15 minutes after the announcement of the disqualification. This Committee will be made up of the Swimming Director and a member of the EMYG24 Organising Committee

A technical meeting will be held with representatives of all teams prior to the start of the competition where any concerns and entry issues will be addressed.

General
a. These regulations are but one part of the complete European Maccabi Youth Games Regulations, and must be read along with the instructions found in "General Rules\&Regulations".
b. In the event of a discrepancy between the regulations written here and those appearing in the "General Rules\&Regulations", the regulations written here will apply and be binding.

In accordance with Swim England Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic, or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Note that any photography in the changing rooms is absolutely forbidden by both Maccabi GB and the swimming pool management.

