

Medical Information

No athlete will be accepted on to the Maccabiah Games without completing the Operoo online medical form and returning a completed, signed and stamped General Practitioner (GP) form. These requirements have been put in place by the Maccabi GB Medical Committee to provide the highest level of medical care for you.

The Importance of Full Disclosure

The Maccabiah Games are physically and mentally demanding. Participants will be competing in sport competitions in Israel, which has unpredictable weather conditions.

In order to meet the athletes' needs and to follow Maccabi GB's duty of care as Loco Parentis, it is imperative that we know how medically and physically fit athletes are and whether they have any condition/s which may prevent or limit their participation in the Trip. It is vital that medical information is provided by the athlete and parent/guardian (if applicant is under the age of 18) and the athlete's GP. We insist that all pre-existing conditions are disclosed. This covers all medical matters of any nature relating to medical, physical, mental and emotional health.

We will make every effort to make reasonable adjustments to accommodate all athletes through the experience and skills of our professional staff and volunteers. However, in certain circumstances, it may be impossible for us to guarantee the safety of an athlete and/or others taking part in the competition and in those circumstances we reserve the right to terminate the application.

Cardiac Risk in the Young (CRY) - <https://www.c-r-y.org.uk/>

It has become increasingly common among sports clubs to send young players aged 14-35 for cardiac screening to attempt to reduce undiagnosed heart conditions and reduce the frequency of young sudden cardiac death. Whilst the likelihood of people having an undiagnosed heart condition is low, increasing awareness of the condition and how to get screened is something that Maccabi GB and our Medical Committee believe in. This is not mandatory but simply to raise awareness and if you should want to get your child screened, please let Maccabi GB know the results by sending them to nathan@maccabigb.org. Usually it will take the form of an ECG and are usually free if you attend any of CRY's public events.

Additional Information

If you feel we need to know more about the athlete's condition, please contact Nathan Servi, Maccabi GB Designated Safeguarding Lead, at the Maccabi GB offices nathan@maccabigb.org.

If an athlete has been under the care of a specialist in the last two years (e.g. cardiologist, psychiatrist, social worker etc.), you must submit a written detailed report from the specialist giving complete diagnosis, prognosis and their opinion of the athlete's capability to participate in the Maccabiah Games, with any limitations that we should be aware of.

Medicine

If an athlete is required to continue receiving medication during the Maccabiah Games, full details should be specified on Operoo. It is often the case that medicine is not available under the same trade name as in the UK. **Therefore the full pharmacological name of all medicines and drugs used should be given.** All medication to be used during the Maccabiah Games should be brought from the UK and held by the Team Managers or Medical Team (as applicable).

Athlete's State of Health

If any changes take place relating to the athlete's medical, emotional, mental or physical condition before departure, you must immediately submit an explanatory medical letter, detailing diagnosis, prognosis and treatment. Failure to submit such a letter would invalidate the medical insurance and may result in the athlete's removal from the Maccabiah Games without any refund.

The GP Form (Junior Athletes Only)

The GP form will be sent within 7 days of the selection pack being sent.

Please print a copy of the GP form and the accompanying letter (also attached to the email that you received with this handbook) and take it to your GP as soon as possible to be **read, completed, signed and stamped.**

It is essential that the GP can read the accompanying letter as it provides them with context about the Maccabiah Games and its physical and emotional demands. The GP Form cannot be signed during a routine national health visit and a special appointment must be made for this purpose. Please advise the GP that the athlete **does not** need a full medical examination. Therefore, you should not have to pay for a full examination, but a charge may be incurred for the completion of the form. Please make sure that the GP has completed all the relevant questions, signs and stamps the Form and returns it to the Parent/Guardian.

Immunisations and Allergies

Immunisations

Every athlete or parent/guardian (if applicant is under 18) is responsible for and required to ensure that the athlete obtains any required and recommended immunisations at the appropriate time prior to departure.

We understand that good general practice requires all young people to have had the appropriate immunisations for **Polio, MMR and Tetanus** and we strongly encourage all athletes to follow this guidance. Therefore, all athletes are understood to have had these immunisations and where this is not the case, the Parent/Guardian will be held wholly responsible for any illness or infection, which could have been prevented by the administration of the immunisation prior to the commencement of the trip.

In relation to Tetanus, should the Participant not have had a booster within the last 10 years prior to the commencement of the Maccabiah Games and they contract an illness or infection as a result, costs will not be covered by the Insurance Policy. The Parent/Guardian will be responsible for any and all costs incurred for any treatment received as a result of this. We will rely on information supplied on the Medical Form relating to these matters.

Allergies

All athletes with an allergy must agree to the terms of the Allergy Waiver found on Operoo medical online form so that we can fully understand their specific needs. In the large majority of cases, we are able to cater for these needs. We are unable to commit that all food suppliers, restaurants and home hospitality sites in Israel can guarantee that food has been made in a nut free environment, or guarantee that specific foods have not been present in the preparation of a dish.

Any athlete that has an EpiPen should bring a minimum of **three doses** (as per your requirements) on the programme. One of the doses will be on the athlete at all times and the other two will be handed into their Team Managers or the Medical Team. If an EpiPen is lost or used, it must be replaced in Israel at the family's expense as **replacements will not be covered by the medical insurance.**

Please note that Maccabi GB reserve the right to:

- Forward any forms to an independent medical practitioner, legal advisor or Insurer for their professional opinion;
- Request additional information from a GP, counsellor, school, specialist doctor or other relevant medical professionals regarding information on the medical form;
- Request that doctors in Israel contact your doctors directly if points of clarification are required;
- Request that you obtain your own medical insurance and sign disclaimers if the Israel medical insurance company refuses to cover certain pre-existing conditions;
- Reject an athlete on medical grounds based on the recommendations of your doctor/specialist or our independent doctors and/or Insurers
- Remove an athlete from the programme should any undisclosed or not fully disclosed medical issue or condition become apparent;
- Pass on any medical information after the Games to an athlete's GP if the Maccabi GB Medical Team deem appropriate.

Concussion

Concussion is the sudden but short-lived loss of mental function that occurs after a blow or other injury to the head. It is a relatively common occurrence within sport, particularly those that require regular contact between athletes. Generally concussion causes low grade, short term effects on brain function including concentration, memory and balance.

However, multiple concussions/repeated injury during a concussion can pose significant risks.

All Managers and members of the Maccabi GB Medical Team have been informed on signs of concussion including when an athlete should be removed from the field of play. Due to the risks for a concussed athlete the threshold for this will be low. Multiple concussions over a short period of time can be potentially life threatening.

There are stringent protocols in place for management of concussion within sport. Due to the timing of these processes (a minimum of 14 days is required followed by a graduated return), any athlete diagnosed as being concussed will not be able to take any further part in the Games.